

What was the best thing that happened this year?

What was the most challenging thing that happened this year?

Who were your most valuable friendships with?

What are some new skills that you learned?

Pick three words to describe this year.

What was your biggest personal change from January to December?

What was the best book you read this year?

What did you do to serve others this year?

Name a couple of positive memory-making experiences from 2018.

What 2018 accomplishments are you most proud of?

What are some things you've learned to accept this year?

In what ways did you grow spiritually?

Name a difficult situation you overcame.

What is something you want to do better in 2019?

What was the best thing you did with your time this year?

What was the single biggest time-waster in your life this year?

What are you most grateful for in 2018?

What do you want to leave behind in 2018?

Who do you want to be in 2019?